

Uniliga 2024 Rulebook

Timing:

- Kick-off is at 16:00, 17:00 and 19:00. If a team is 10 minutes late the game will be forfeited 3-0.
- If a team does not have enough players to play, they must notify us, ideally over the weekend or at least 24 hours in advance. Failure to do so will result in the game being forfeited 3-0.

Teams:

- We strongly recommend that you have a squad of 15 players so that you have enough players for each match.
- Teams may field a maximum of 14 players for each match.
- If a player is already playing for another team, the captain must explicitly inform the opponent before the match. A team should only send a player to play for another team if they do not have enough players.
- During the match, 7 players (1 goalkeeper, 6 outfield players) are on the pitch.
- Teams may make rolling substitutions from the centre of the pitch.
- All teams must wear shirts. If possible, bring bibs in case the opponents wear the same colour.
- **Teams should avoid any confrontation on the field, if there is a problem please bring it to the next Stammtisch (which will be held every month) don't start Whatsapp war. 😊**

Referees:

- Each team must have a dedicated referee for all matches they are assigned. This will improve the quality of refereeing.
- Captains have enough to do and are not allowed to be referees.
- Each team must respect the referee's decision on the pitch and never argue with the referee. If this happens, the match will be forfeited (3-0 defeat).

- The referee should call the two team captains before the kick-off and remind them to play fair.
- The referee should try to talk to players who are involved in rough tackles if he doesn't want to show a card immediately.
- The referee must count the 9 steps, as the blue/yellow mark is not exactly the penalty spot.

Gameplay Rules:

- The offside rule doesn't apply as we don't have linesmen, but as a matter of fair play everyone must respect the opponent and try not to play offside.
- Free kicks are always indirect.
- Penalty kicks can only be taken with two steps.
- Long-range shots count as goals, even if they are taken from inside your own half.
- A yellow card means that the player is sent off for 5 minutes. This means that the team has to play with one player less for 5 minutes. If the opponents score a goal, a player can join the team again.
- A red card means the player is off for the rest of the match and the team continues the match with one player less.
- At least one outfield player should remain in the game, otherwise the other team automatically wins 3-0.

Fans:

- Of course you can bring supporters for your team. Everyone is welcome.
- **Please ensure that no metal objects, glass bottles, alcohol or cigarettes are brought onto the pitch.**
- **Please make sure there is absolutely no litter on or around the pitch.**
- Feel free to meet with your team after the game at the Aldi ;)

Injuries:

- Each team is given a first aid kit and ice pack.
- The team captain must ensure that his team has a first aid kit and ice pack for each match.
- The team captain shall ensure that his team knows how to use the first aid kit and ice pack.